

GUIDE TO DENTAL IMPLANTS



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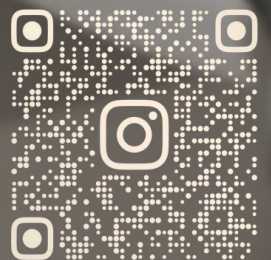


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Your smile, our passion

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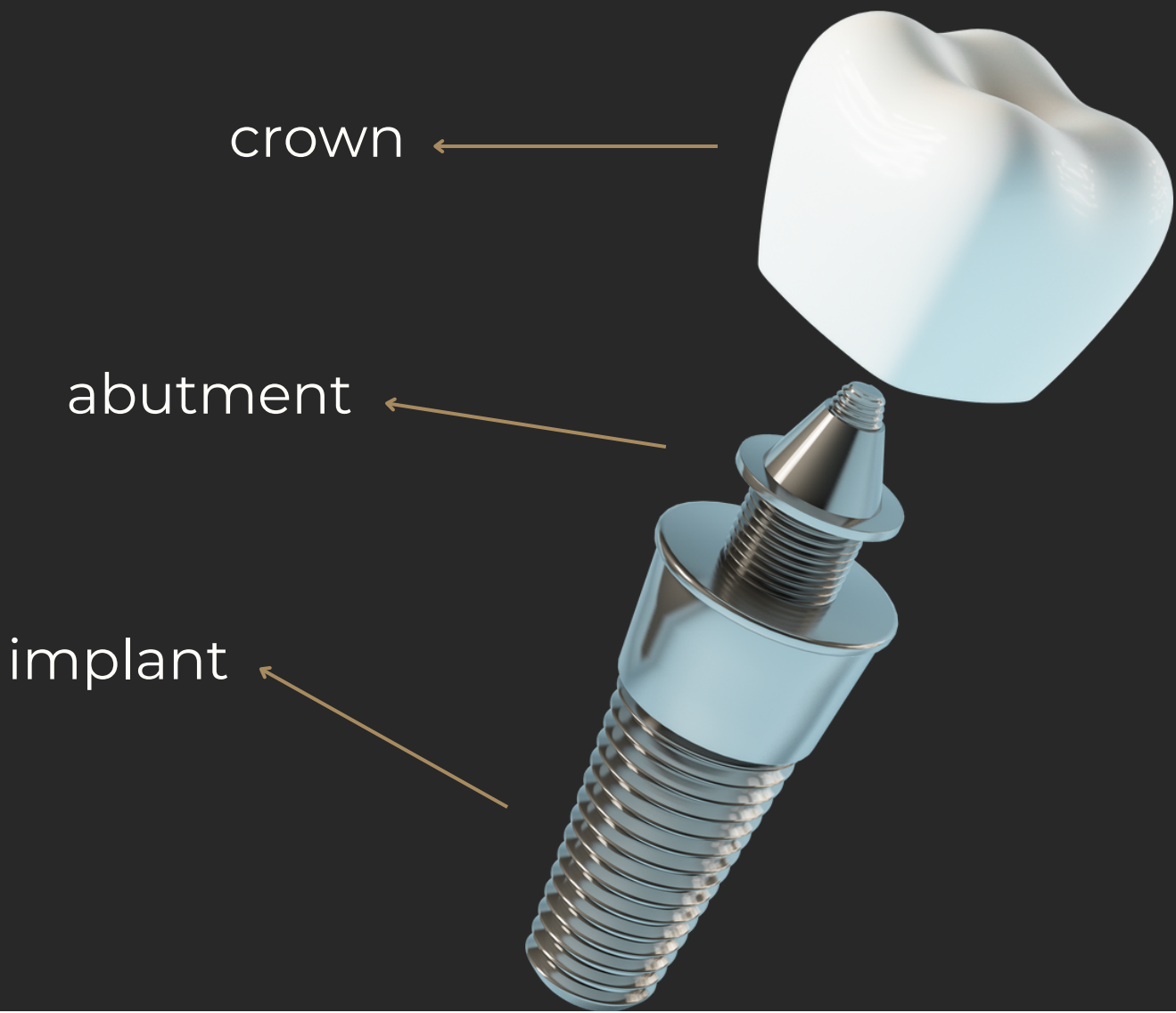
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What is a dental implant?

A dental implant is an innovative, long-term solution for replacing missing teeth. Whether you have a single missing tooth or require full arch reconstruction, dental implants offer a versatile and reliable option for restoring your smile and oral health. It consists of three main components: the implant itself, an abutment, and a crown or prosthetic tooth.

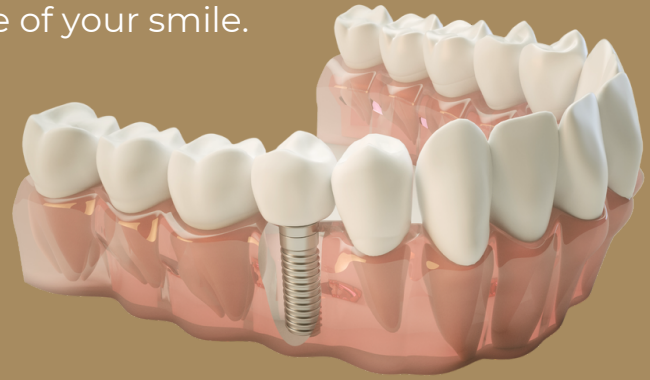
See below what a dental implant looks like!



Types of dental implants

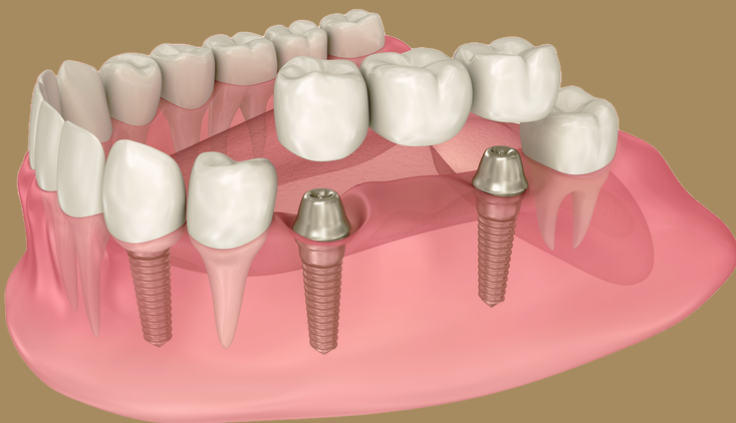
1. Single or multiple implant

Single implants involve the placement of one implant screw in the jawbone to replace a single missing tooth. Multiple implants refer to the placement of two or more individual implant screws to replace multiple missing teeth. They are suitable for patients who have one or more missing teeth. They provide a stable and natural-looking solution for restoring both the function and appearance of your smile.



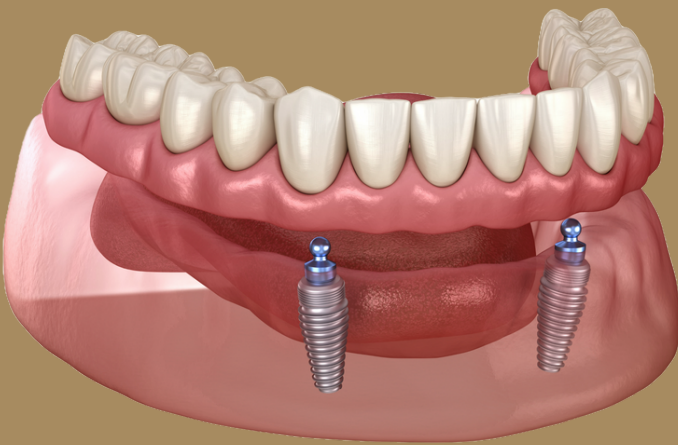
2. Implant Bridges

Implant-supported bridges consist of a series of prosthetic teeth connected together and supported by dental implants. This type of restoration is used when multiple adjacent teeth are missing. They are an excellent choice when you have several missing teeth in a row. They eliminate the need to alter healthy adjacent teeth for traditional bridge placement and offer superior stability.



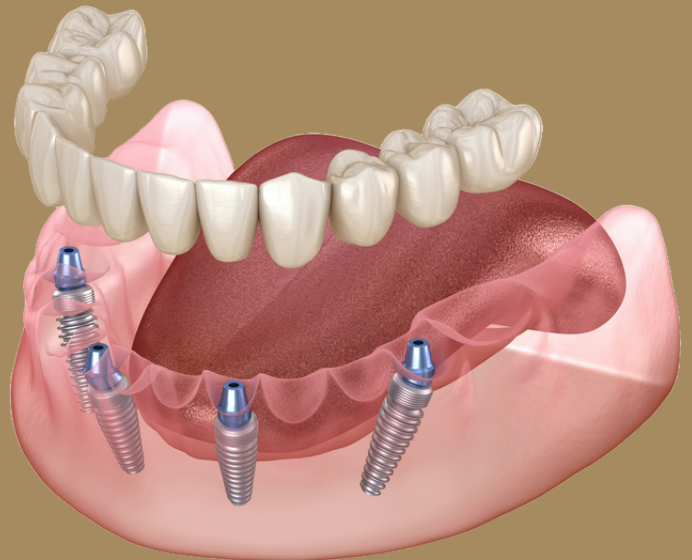
3. Implant-retained denture

Implant dentures are a type of removable denture that offers a secure and comfortable fit by attaching to dental implants using specialised connectors. This option is particularly well-suited for patients who are looking to replace a complete set of teeth. Implant-retained dentures significantly enhance stability and functionality compared to traditional removable dentures, greatly improving the overall quality of life for individuals who rely on dentures for their oral health and well-being.



4. "Smile in a day"

The "Smile in a Day" treatment, which is also commonly referred to as **All-on-4** or **All-on-6** implants, represents a groundbreaking dental procedure. It enables the complete replacement of an entire arch of teeth using a minimal number of dental implants, all accomplished in just a single day.



Benefits



1.

Restoring function

Implants function just like natural teeth, providing a stable base for biting and chewing. They restore the ability to enjoy your favourite foods without discomfort or limitations

2.

Improved aesthetics

Dental implants closely resemble natural teeth, both in appearance and function. They provide a seamless and healthier smile, boosting your self-confidence and overall quality of life.

3.

Long-term solution

With proper care, dental implants can last a lifetime, making them a cost-effective long-term solution compared to other tooth replacement options.

4.

Convenience

Dental implants are securely fixed in your mouth and there is no need for adhesives or removal. Over time, they seamlessly integrate into your daily routine, becoming a natural and effortless aspect of your oral care.

How to prepare for dental implants surgery

5 steps

1	Book a consultation with your dentist Schedule a consultation with your dentist or oral surgeon to assess your oral health and determine your eligibility for dental implants.
2	Address any oral health issues Ensure any existing oral health problems, like gum disease or cavities, are treated before the procedure.
3	Review your medical history Share your complete medical history, including medications and allergies, with your dentist.
4	Adjust your lifestyle If you smoke, consider quitting before the surgery, and follow any other lifestyle adjustments recommended by your dentist.
5	Preoperative instruction Follow your dentist's preoperative instructions, which may include fasting, medication adjustments, and transportation arrangements for the day of the surgery.

The dental implant procedure

1.

Consultation



Review your case, discuss your goals, and develop a personalised treatment plan. X-rays and 3D scans may be taken.

2.

Anaesthesia



On the day of the procedure, you'll receive local anaesthesia or sedation to ensure your comfort. Your dentist will explain the options and address any concerns.

3.

Implant placement



This involves the placement of the titanium implant(s) into your jawbone. Local anaesthesia will ensure your comfort during this step.

4.

Healing



After implant placement, the jawbone will gradually fuse with the implant. This bonding ensures the implant's stability and durability. Healing typically takes several months, during which you'll follow post-operative care instructions.

5.

Abutment placement



Once the healing is complete, the abutment is attached to the implant. The abutment serves as the anchor for your prosthetic tooth or crown. This step is performed under local anaesthesia and is a minor surgical procedure.

6.

Prosthetic attachment



The final step - the creation and attachment of your custom-made prosthetic tooth or crown, for a perfect fit and natural appearance. Once the prosthetic is ready, it will be securely affixed to the abutment, completing the restoration of your smile.

Aftercare

Follow post-operative instruction

Your dentist will provide you with detailed post-operative instructions. It's vital to adhere to these guidelines meticulously. These instructions may include dietary restrictions, recommendations for oral hygiene, and pain management techniques.

Oral hygiene

Maintaining excellent oral hygiene is paramount. Regular brushing, flossing, and using an antimicrobial mouthwash as prescribed by your dentist will help prevent infection and maintain the health of your gums and implant sites.

Attend follow-up appointments

Consistent follow-up appointments with your dentist are essential. These appointments allow your dentist to monitor the healing process, ensure proper implant integration, and address any concerns promptly.

Frequently asked questions

Is the dental implant procedure painful?

During the dental implant procedure, you will be under local anaesthesia or sedation, ensuring that you don't experience pain. After the procedure, you may have some discomfort, but this can usually be managed with over-the-counter pain medication. Your dentist will provide guidance on pain management during the healing process.

How long does it take to recover from a dental implant surgery?

Recovery time can vary from person to person, but most patients can expect a healing period of several months. During this time, the dental implant integrates with the jawbone in a process called osseointegration. Your dentist will monitor your progress during follow-up appointments.

Do dental implants look natural?

Absolutely, dental implants are meticulously crafted to closely emulate the look of your natural teeth. They are individually tailored to harmonise with your existing teeth in terms of size, shape, and colour, resulting in a harmonious and effortlessly natural smile.

Happy patients

BEFORE



DENTAL IMPLANTS



AFTER

BEFORE



DENTAL IMPLANTS



AFTER

The natural choice for a radiant smile!

AVENUE DENTAL

Book your consultation and find out
if dental implants are
the right choice for you!



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